

## **CURRICULUM VITAE**

# **ILANA H. OREN (DAMIAN), PH.D., SC.D., L.M.F.T.**

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### **PROFESSIONAL EXPERIENCE**

Over thirty years of experience providing counseling for individuals, couples, and families. Presenting training, workshops and lectures for professional organizations. **Mar. 1976 – Present**

**Wayland Baptist University, Professor** **2006 – 2015**  
Theories of counseling, Group Counseling. Supervision of internship for Master level students.

**Maricopa County Organizational Planning & Training** **Apr. 2000 - 2005**  
Anger to Forgiveness, Self Esteem and Productivity. How to Communicate with Your Co-Worker. Anger Management and Conflict Resolution. Stress Management

**Arizona Supreme Court, Juvenile Justice Services** **Oct. 1994–Jan. 1999**  
Provided treatment services for adolescents

**Arizona Superior Court, Juvenile Court Center, Maricopa County** **July 1991 – Oct. 2001**  
Training for the Probation Officers on the following subjects: Self Esteem and Productivity Addictions and Recovery, Relationships: The Delicate Balance between Love and Wisdom

**Superior Court of Arizona, Adult Probation Department** **May 2005 – 2009**  
Training for the Probation Officers on the following subjects: Boundaries, Depression and Suicide, Borderline Personality, Motivational Interviewing, Childhood Trauma

**Chemical Awareness Institute, Phoenix, AZ, Trainer** **Feb. 1992- 2009**  
Student Assistance Training International

**Ottawa University, Phoenix,, AZ, Professor** **June 1990- Sept. 1994**  
Psychology of Women, Abnormal Psychology, Theories of Counseling. Developmental Psychology

### **PROFESSIONAL ORGANIZATIONS**

The 12<sup>th</sup> International Congress on Ericksonian Approaches to Psychotherapy. Presented a course titled: Addictions and Hypnosis as the Pathway to Healing and Creativity **Phoenix Dec. 2015**

The Fifth European Congress on Hypnosis and Psychotherapy. Presented a course titled Addiction to refined Carbohydrates, a Misguided Creative Energy **Krakow June 2014**

The 11th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy **Dec. 2011**  
Presented a course titled: The Use of Ericksonian Hypnosis in the Treatment of the Borderline And a Food Addict.

Annual Hypnosis Conference, Israel May 2011. Presented a four hour course titled: The Use of Ericksonian Hypnosis in the Treatment of the Borderline and the Food Addict

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<b>The 9<sup>th</sup> International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy</b> Presented a course on <i>The Use of Ericksonian Hypnosis in the Treatment of Borderline and Food Addiction</i>	<b>Dec. 2004</b>
<b>The 8<sup>th</sup> International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy</b> Presented a course on <i>The Use of Ericksonian Hypnosis in the Treatment of the Addicted Borderline</i>	<b>Dec. 2001</b>
<b>John C. Lincoln Hospital.</b> <b>Family Dynamics: Bridging the Gap between Parents and Children</b>	<b>Oct. 1999</b>
<b>Motorola: Stress Management: Coping with Stress in the Workplace</b> Helping Employees Overcome Depression	<b>Sept. 1999</b>
<b>Arizona Association for Marriage and Family Therapy</b> Topic: Dreams-The Road to Healing Family of Origin Wounds	<b>Jan. 1997</b>
<b>Samaritan Health System AZ. Addiction, Spirituality and Recovery</b>	<b>June 1997</b>
<b>Dual Disorder Conference, Tampa, FL U.S. Journal</b> Topic: Borderline Personality and Recover from Eating Disorders	<b>April 1995</b>

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### **PUBLICATIONS**

- Damian, I.H. (1986) *Beyond Your Fat: How to Obtain and Maintain Your Ideal Weight for Life* Dubuque, Iowa: Kendall and Hunt
- Damian, I.H. (1996) *A Consuming Crisis: How to care for the patient who suffers from Borderline Personality Disorder as well as Eating Disorders*
- Professional Counselor, Serving the Addiction and Mental Health Fields, 11, 59-61* Damian, I.H. (1994) *the Impact of Spiritual Experiences on the Process of Recovery*
- A Quantitative Study. Published Doctoral Dissertation. *Professional Counselor: The Voice of the Addiction Treatment Field; 8, 34-37*
- Damian, I.H. *Is it Intimacy or Co-Dependency? (1994). The Death of a Relationship (1993) Questions you want to ask about addictions? (1992). Recovery Together, Arizona's 12 Step Newspaper.*
- Audio Cassettes on the following topics: Stress Management, Kick the Cigarette Habit, Heal Your Inner Child, Obtaining and Maintaining Your Ideal Weight for Life
- TV Programs: Eating Disorders. (Channel 12) Phoenix, AZ 1996, Balance Your Life. Scottsdale, AZ 1987, KTAR Radio Interview. Topic: Addiction to Food and Nicotine. Phoenix, AZ 1986
- Dr. Oren has published numerous workbooks, article and CDs on the subjects of obesity, addictions and Spirituality. Her Titles include: Beyond Your Fat, Stress Management, The Impact of Spiritual Experiences on the Process of Recovery? Overweight and Self Esteem, Kick the Cigarette Habit, and Heal your Inner Child.

### **EDUCATION**

- Ph.D., in Pastoral Counseling. St. Andrew Theological College and Seminary - 1997  
The Union Institute: 1989-1991 Degree Program: Ph.D. Area of Concentration: Clinical Psychology  
M.A. in Marriage, Family and Child Counseling. Chapman University – 1976  
B.A. in Hebrew, Minor in History. University of California – 1972

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**POST GRADUATE TRAINING**

EMDR Institute Training presented by EMDR Institute, Francine Shapiro, Ph.D. Fall 2014  
Intermediate Intensive Training in Ericksonian Approaches to Brief Hypnotic Psychotherapy. February 28-March 3, 2000. Presented by Milton H. Erickson Foundation  
Advanced Intensive Training in Ericksonian Approaches to Brief Hypnotic Psychotherapy August 6-10, 2001 Presented by Milton H. Erickson Foundation

**LICENSES AND CREDENTIALS**

Arizona Licensed Marriage and Family Therapist (MFT-0088) Jan. 1991

AZ. Community College Instructor Credential (No. 103696)

Arizona Certified Hypnotherapist

**PROFESSIONAL ASSOCIATION**

Clinical Member of the American Association of Marriage and Family Therapists  
Arizona Society for Professional Hypnosis

**HONORS**

Honorary Doctor of Science (Sc.D.) in Counseling and Substance Abuse Rehabilitation  
Geneva Theological College, London, England 1989  
Recipient of Soroptimist Training Award for Excellence in Academic Achievements, 1976  
Graduate of UCLA on the Dean's Honors List 1972

**PERSONAL**

Widow and mother of three children and 5 grandchildren

References available upon request